*Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations*

Charlotteville Cycling Club 10 Mile Time Trial

Saturday 7 September 2019 at 2 p.m.

EVENT SECRETARY: Rachel Przybylski

11a Larchwood Road

Woking, GU218XB

Tel: 07391407680

Email: ray.przybylski@gmail.com

TIMEKEEPERS: Deana Rice & Chris Thomas

HEADQUARTERS: Bentley Memorial Hall

Hole Lane Bentley GU10 5NB

IMPORTANT NOTES

• Please **respect the local residents of Bentley by parking considerately**. Do not park on the road near the headquarters, even for a short period of time. Please adhere to the guidance on the parking diagram included. If we receive complaints, we may lose Bentley Memorial Hall as an option for the HQ. This could potentially mean the end of up to 20 open events on the course during the year.

• Please **respect** the volunteers from Charlotteville CC and the timekeepers who are giving up their time to help out.

• Please **sign on** and collect your numbers from the headquarters, and **sign out** as soon as possible after finishing.

• This event **may be subject to a Doping Control** - It is your responsibility to check by returning to the HQ as soon as possible after you finish.

• **No cleats or bikes in in the hall**.

• Please allow at least 10 minutes to get to the start.

• The start is on the opposite side of the carriageway from the HQ. Riders should only use designated crossing points and must not climb over the central reservation. **Anyone seen doing so will be disqualified from the event.**

• No vehicles, except those of the timekeepers, shall be parked at the start or finish

• Please take care when riding on the course, both whilst racing and before and after the event. Any rider observed and reported for dangerous riding is liable to disqualification.

**ADDITIONAL NOTES** Car parking is available at the HQ and in the lay-bys past the finishing point.

To reach the start from the HQ in Bentley, go eastwards through the village to join the A31, cross to the right hand lane after 850 yards (there are lane markings) and then cross over to the South side of the A31 at the Gravel Hill road junction just short of the ‘Bull’ PH and continue for 760 yards to the lay-by start point.

The normal dual carriageway of the A31 has been reduced to a single lane at a point approximately three miles from the start. The left hand lane has been cross-hatched for a distance of approx 400 yards to finish at a point opposite the Petrol filling station just beyond the Hen & Chicken Public House situated on the north side. Returning from the Holybourne roundabout on the north side of the A31 the road has been reduced to a single lane by road cross-hatching on the right hand lane commencing approximately 220 yards before the junction to Mill Court on the south side and finishing adjacent to the Hen & Chicken Public House on the north side. Competitors are to act in a manner appropriate to competing on a single lane road whilst within the restrictions imposed by the road cross-hatching area.

After finishing, riders must not stop but continue to one or other of the central reservation breaks, cross over with great care and go westwards passing the start point lay-by and along the Bentley by- pass to fork left onto the slip road signposted ‘Bentley’. Turn right at the ‘T’ junction to the Bentley Memorial Hall which you can see ahead of you.

**LOCAL REGULATIONS:** No vehicles, except those of the timekeepers, shall be parked at the start or finish.

The start is on the opposite side of the carriageway from the HQ. Riders should only use designated crossing points and must not climb over the central reservation. Anyone seen doing so will be disqualified from the event.

**IN THE INTERESTS OF YOUR OWN SAFETY**

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

**COURSE DESCRIPTION FOR H10/8**

O.S. Ref Description Distance 796442 Start at a point in the lead out onto the A31 from the lay-by on the south side at

the commencement of the Bentley by-pass, approximately 800 yards west of the Bull Public House on the north side of the A31 and 5 yards beyond the last but one drain grating and 25 yards short of the large road direction sign marked 'Bentley 1⁄2m'.

0.000

736403 Proceed (Care) to join the A31 and continue to go westwards along the Bentley

by-pass through Froyle to the Holybourne roundabout (Turn)

4.702

802443 Circle the roundabout (M2, M3, M4) (Check) and take the third exit back on to the

A31 to retrace, going through Froyle and along the Bentley by-pass to a point 10 yards beyond the concrete end of a water culvert on the north side and 63 yards short of the Gravel Hill Road minor crossroad and 163 yards short of The Bull to where finish

10.000

(Distance between start and finish is 697 yards)

Strava Segment: https://www.strava.com/segments/643014

There will be marshals and checkers but it is your responsibility to make sure you know the course.

If you do have any further questions regarding the course or getting to the start please do not hesitate to ask.

Start list below.

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| --- | --- | --- | --- | --- | --- | --- |
| bib | start\_time | firstname | lastname | club | gender | category |
| 3 | 14:03 | Ali | Platt | Charlotteville Cycling Club | Male | Juvenile |
| 4 | 14:04 | Louise | Duncan | 34 Nomads CC | Female | Veteran |
| 5 | 14:05 | Brian | James | Brighton Mitre CC | Male | Veteran |
| 6 | 14:06 | Barrington | Day | Fareham Wheelers CC | Male | Veteran |
| 7 | 14:07 | Leslie | Morris | VTTA (London & Home Counties) | Male | Veteran |
| 8 | 14:08 | Bob | Brabbins | Somerset Road Club | Male | Veteran |
| 9 | 14:09 | Les | Gardner | Maidenhead & District CC | Male | Veteran |
| 10 | 14:10 | James | Seymour | Epsom CC | Male | Senior |
| 11 | 14:11 | Emma | Keiller | Charlotteville Cycling Club | Female | Junior |
| 12 | 14:12 | Rachel | Green | Cheltenham & County Cycling Club | Female | Veteran |
| 13 | 14:13 | Duncan | Folkes | Kingston Phoenix RC | Male | Veteran |
| 14 | 14:14 | David | Hanbury | Crabwood CC | Male | Veteran |
| 15 | 14:15 | Andrew | Grant | Chelmer CC | Male | Veteran |
| 16 | 14:16 | Edward | Hales | London Dynamo | Male | Veteran |
| 17 | 14:17 | Ian | Neville | Hart Evolution Race Team | Male | Veteran |
| 18 | 14:18 | Reza | Gorjestani | Hillingdon Triathletes | Male | Veteran |
| 19 | 14:19 | Vinh | Lam | Serpentine Running Club | Male | Veteran |
| 20 | 14:20 | Jorj | James | Maidenhead & District CC | Male | Veteran |
| 21 | 14:21 | Richard | Williams | Farnham RC | Male | Veteran |
| 22 | 14:22 | Jen | Magill | Reading CC | Female | Veteran |
| 23 | 14:23 | Mark | Trevis | Informed Sport - LGC | Male | Senior |
| 24 | 14:24 | Dylan | Coyne | Balcombe Cycle Club | Male | Veteran |
| 25 | 14:25 | Martin | Williamson | London Dynamo | Male | Veteran |
| 26 | 14:26 | Nick | Mccormick | Epsom CC | Male | Veteran |
| 27 | 14:27 | Stuart | Hourigan | 34 Nomads CC | Male | Veteran |
| 28 | 14:28 | Richard | Llewellyn | Imperial Racing Team | Male | Veteran |
| 29 | 14:29 | Sebastian | Lea | London Dynamo | Male | Senior |
| 30 | 14:30 | Mark | Brambleby | Northover VT / Rudy Project / SCS | Male | Veteran |
| 31 | 14:31 | Robert | Gilmour | Hounslow & District Whs | Male | Veteran |
| 32 | 14:32 | Michael | Porter | 34 Nomads CC | Male | Veteran |
| 33 | 14:33 | Michael | Naulls | Velo Club Venta | Male | Veteran |
| 34 | 14:34 | William | Sawyer | Andover Wheelers | Male | Veteran |
| 35 | 14:35 | Stuart | Gourley | Radeon-Cycology RT | Male | Senior |
| 36 | 14:36 | Martin | O'sullivan | Teddington and Turing Velo | Male | Veteran |
| 37 | 14:37 | Tom | Portsmouth | Charlotteville Cycling Club | Male | Junior |